



THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly



**19
OCT
2025**
YEAR C

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay

Want to receive the bulletin via e-mail? Email comms@nhcatholic.org.au



29TH SUNDAY IN ORDINARY TIME

“Will not God then secure the rights of his chosen ones who call out to him day and night?” - Lk 18:7

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

FIRST READING

Exodus 17:8-13

With the staff of God, Moses helps Israel defeat Amalek.

RESPONSORIAL PSALM

Ps 120. R. v.2

Our help is from the Lord,
who made heaven and earth.

SECOND READING

2 Timothy 3:14 – 4:2

All scripture is inspired by God.

GOSPEL ACCLAMATION

Hebrews 4:12

Alleluia, alleluia!

The word of God is living and active; it
probes the thoughts and motives of our
heart.
Alleluia!

GOSPEL

Luke 18:1-8

The widow and the irreligious judge.

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am
Sunday, 9am

BAPTISM:

Sunday, 10.30am

1st Sundays of the month (within the 9am Mass)

Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.

RECONCILIATION:

Saturday, 5.00 to 5.45pm
Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month
during the school term.

WEDDING:

Require six months notice and
include Pre-Marriage Course as
part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday,
8.30am

Saturday (Vigil), 5.30pm

Sunday, 7.30am, 9.30am, 5pm

* Adoration to the Blessed Sacrament after Mass
on Fridays.

BAPTISM:

Sunday, 11.30am

1st Sundays of the month (within the 9.30am Mass)

Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather.
We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present
and extend that respect to all First Nations people in our community.



WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

GET IN TOUCH



OFFICE@NHCATHOLIC.ORG.AU
2 KING STREET, MANLY VALE 2093 NSW

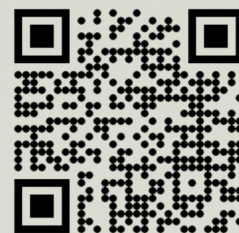


WWW.BBCATHOLIC.ORG.AU/NORTHHARBOUR



(02) 9949 4455

Scan me!



WHY DO WE DO THAT?

Catholic Life Explained

Question:

I volunteer every once in a while. How can I incorporate serving the poor in my everyday life?

Answer:

In the Gospels, Jesus is very clear about emphasizing outreach to vulnerable persons on the margins of society. These may be the materially poor, the disabled, the lonely, or any others whose circumstances drive them from mainstream society. We can all respond to Christ's call to love by incorporating direct service into our regular life routine. Here are some ideas to find your niche:
Consider your life. Before you look for direct service opportunities, consider your schedule, commitment levels, and personal gifts. When can you help out and how regularly? Where have you volunteered in the past that has felt like a good fit? Do you have any particular skills or personality traits that lend you to particular work?

Do some research. There are a lot of structured ways you can get involved in your community. Your parish might have a social concerns outreach program. If not, ask friends and family. A simple online search for local nonprofits can also expose you to new opportunities.

Be open to God's invitation. The chance to serve may be closer than you think. Befriending an elderly neighbor, widowed and far from children, is an act of serving the poor. Keep your eyes and heart open!

©LPi

BRINGING HOME THE GOSPEL

Prayer is much more than the rote words we learn when we are children, or even the spontaneous prayers from our hearts. Prayer is more than just talking to God. There are three ways of praying: vocal prayer (praying with words or actions), meditation (putting our own thoughts into our spiritual reading), and contemplation (sitting with God in silence). All three forms of prayer have been a part of our Christian tradition for centuries, but the prayer of silence is probably the one of which people are least aware.

In the last twenty years or so, young people have forgotten what silence is. Those traditional times of quiet (taking a walk, riding a bike, playing outside) are gone. Youngsters are plugged into sound constantly. Even we adults can't seem to walk into a room or ride in the car without turning on a radio, a podcast, or streaming music. Yet we know that God often speaks to us in the quiet. Remember Elijah on that mountaintop? It wasn't in the wind, fire or earthquake that he heard the Lord. It was in the silence (1 Kings 19:12).

There is a tradition of prayer in our church called *lectio divina* (holy reading) that includes practiced silence. It involves four steps: reading (usually from Scripture), meditating (thinking about or placing yourself in the story), contemplation (sitting in silence with a word or passage) and prayer (telling God what the reading meant to you). Small groups and individuals practice this ancient prayer form in monasteries and homes.

It can be a great way to pray together as a family. Lifestyles change with every generation. There are losses and gains. This generation seems to have an ever-growing access to information and a dwindling amount of quiet time. Helping our children appreciate silence is giving them a gift they can use all their lives.

FAMILY RESPONSE:

Gather the family and read a story from Jesus' life. Meditate on the story by asking youngsters how they might feel if they were one of the people involved. (Make sure you talk about how you would have felt too.) Then sit together quietly for a minute. Finally, ask everyone to say a short prayer out loud.

PERSONAL RESPONSE:

What was your prayer life like when you were a youngster? What is your prayer life like today? Write a short prayer to God in the space that is left.



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WEEKLY SOCIAL JUSTICE CHALLENGES

On October 18, we celebrate the feast of Saint Luke, one of the four evangelists. The Gospel of Luke is sometimes nicknamed the “Justice Gospel” because Luke has so many stories of Jesus reaching out to those who were victims of injustice in their society. Perhaps this was partially due to Luke’s own experience as a healer. Luke wrote his Gospel to help us understand that Jesus was and is a universal saviour—for everyone, everywhere. Your challenge this week is to spend time each day with Luke’s Gospel. Find a chapter (or at least a story or teaching in a chapter) which deals with justice, then reflect on and discuss as a family how you can apply the message which the passage teaches in your life today.



PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

CARE FOR CREATION TIPS

Australia wastes approximately 7.6 million tonnes of food each year, which is enough to fill the Melbourne Cricket Ground ten times over. Shockingly, around 70% of this food is perfectly edible. Fruit from trees often goes to waste either because there is too much of it in a short space of time to be used or because the tree’s owner doesn’t have the ability or the time to harvest it. An established fruit tree can often produce 100+ pounds of fruit, far more than one family can consume. If you have a fruit tree, why not donate the excess to your local food bank? When you notice laden fruit trees in your neighbourhood, knock on the door and ask if you can help harvest it to donate. Finally, you can look up local gleaning groups and offer your services to help pick or deliver the excess fruit to an organization that will get it into the mouths of hungry people.



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SICK CALLS

AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

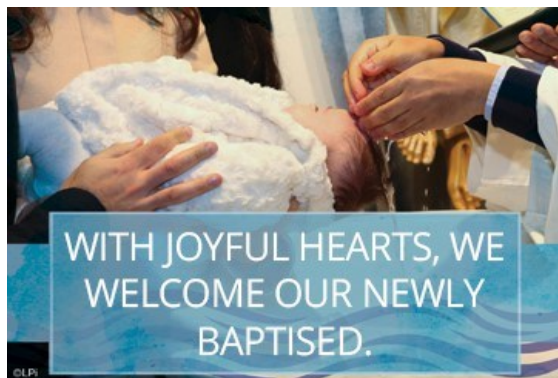
BUSINESS HOURS:

PARISH OFFICE—9949 4455

AFTER HOURS:

(Evenings & Weekends)

0490 898 464



Lennox Henry Ronan

Son of Ben & Jacqueline

Zoe Grace Kimbers Hoare

Daughter of Sam & Jacinta

Ethan Leonardo Kennedy

Son of Christopher & Stella

Breanna Skye Manzi

Daughter of Aron & Tatiana

PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Harrison Foresto, Leslie Rana, Odette James, Greg Hyde, Joyce Arnold, Peter and Jan Van de Velde, Cecilia Yeung

RECENTLY DECEASED:

Alan Burrridge, Helen Barnett, Maronga Robert, Thomas Healy, Brian Tierney, Carmella Fraietta

ANNIVERSARIES:

Joe (Mario) Tesoriero, Catherine Griffin, Alfonso, Adela, Eduardo & Ronelo Conado

Our community would love to pray for you.

If you have an intention you would like to be included in this bulletin please e-mail office@nhcatholic.org.au



SUNDAY, 9 NOVEMBER, 2:30PM
at the Parish Centre

Join us for light refreshments in the Parish Centre and the opportunity to discover, perhaps for the first time, the relevance St. Augustine brings to the living out of our individual journeys through life. Come and enjoy the company of other kindred spirits who have found Augustine to be their mentor and friend.



PARISH ROSARY PRAYER

JOYFUL MYSTERIES

Monday and Saturday

SORROWFUL MYSTERIES

Tuesday and Friday

GLORIOUS MYSTERIES

Wednesday and Sunday

LUMINOUS MYSTERIES

Thursday

 **DIVINE**
RENOVATION

You are invited to pray the Rosary with your family for the renewal of our parish.

Prayer booklets are available in our churches.

You can pray with others using this meditation after the Mass on Mondays, Tuesdays and Thursdays.

After The 8:30am mass at St Kieran's



Baptism of School-Age Children

aged 7-12 years old



PREP SESSION 1
26 OCTOBER | 2:30PM - 4:30PM
at St Kieran's Parish Centre

SACRAMENT OF BAPTISM
9 NOVEMBER
10:30 AM at St Cecilia's Church
11:30AM at St Kieran's Church

MISSIONARIES OF
HOPE
among all peoples

Envelopes are now available at the church entrances



For women like Sharon, who must choose between feeding their children or selling their crops to survive, and Grace, who risked her life traveling 160km for safe childbirth, hope comes through Sr Jane and Kayula. Through sustainable farming, Sr Jane helps women provide for their families. At the Chilonga Mission Hospital, Kayula ensures mothers and babies receive the dignity and care they deserve. This World Mission Month, we invite you to extend your generosity to help enhance the vital work of the Church. Your support can make a significant difference to the lives of many, offering hope to the people of Zambia.



Freecall: 1800 257 296
catholicmission.org.au/mission

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Is anyone among you in trouble?
Let them pray.

Is anyone happy?
Let them praise.

■ JAMES 5:13

 Bible App



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Introductory
Session



LEARN
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a FertilityCare Teacher
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confidence in
understanding your
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- Uncover the root cause of many female health issues
- Achieve or avoid pregnancy with a safe and clinically proven alternative to hormonal birth control and IVF

SIGN UP FOR AN INTRO SESSION TODAY!

Giselle Ester Roldan FCPI
0421725479
gisellecpn@gmail.com
@fiat.creightonmodel.girolan




AFA
AUGUSTINIAN FORMATION ASSOCIATION

Christmas DINNER
a fundraising event

Live Music, Lucky Door & Raffle Prizes

NOV **29** 2025
- Balgowlah RSL Club -

\$60 PER PERSON

DIRECT DEPOSIT: BSB No: **032190** Acct No: **105386**
Ref: (Your Surname) – AFA XmasDinner

CASH PAYMENTS: only at the Parish Office or
call Honorine (0416 042 316)

Any donations for the raffle would be greatly appreciated.
Drop donations at the Parish Office or call 0402 099 746) by 21 Nov

Unable to attend? Can you fund an Augustinian?

CHILDREN'S LITURGY OF THE WORD

"And all thy children shall be taught of the Lord; and great shall be the peace of thy children." ISAIAH 54:13

SUNDAY, 26 OCTOBER 2025

ST CECILIA'S 9AM
ST KIERAN'S 9:30AM
and
ST KIERAN'S 5:00PM

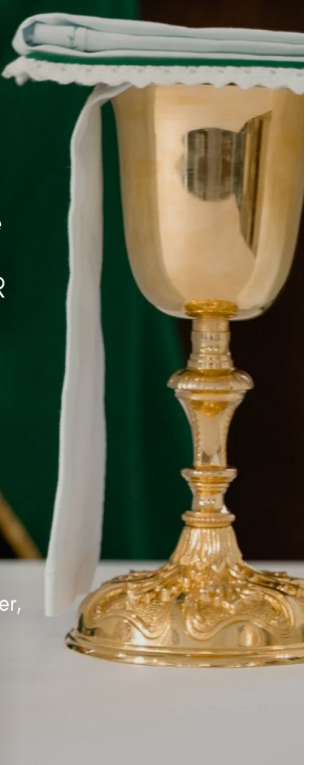
a Parish Family Mass
with light supper & special surprise for children
(Children's Week Celebration)



EXTRA ORDINARY MINISTER OF HOLY COMMUNION TRAINING

All Extraordinary Ministers of Holy Communion to **register** to receive training on Holy Communion from the chalice in early **NOVEMBER**.

If you are an existing minister or would like to become one, please register yourself via the forms in the church entrance or via the QR code.




As mentioned in the Bishop's Pastoral Letter, Holy Communion from the chalice will be made available throughout the diocese from the Solemnity of Christ the King

23 NOVEMBER 2025, SUNDAY

LITURGICAL FORMATION SERIES

Session 4

Facilitated by Chris Ohlsen

Rekindle the Wonder

Pope Francis, in his 2022 Apostolic Letter *Desiderio Desideravi* (on the liturgical Formation of the People of God) encouraged us to **rekindle our wonder** in the liturgy and the celebration of the Sacraments. This presentation will scope out some core principles such as: **what is liturgy**, **what is liturgical sign and symbol**, as well as delving into the **who, what, where, why** and some **practical aspects** of the Sacraments.

An exciting and interactive formation opportunity for all Readers, Extraordinary Ministers of Holy Communion, Musicians, Servers, Parish Liturgical Commission Members, diocesan parish staff and interested parishioners.

Saturday 25 October

9:30 am - 3:00 pm

Caroline Chisholm Centre

2/423 Pennant Hills Rd Pennant Hills

Morning tea and lunch provided



REGISTER NOW

mission@bbcatholic.org.au



CATHOLIC
DIOCESE OF
BROKEN BAY



Diocesan Formation Day

for Clergy and Parish Senior Servers and Extraordinary Ministers of Holy Communion

The Mystery of Faith:
Encountering Jesus
Christ in the Eucharist



Saturday,
1 November 2025



10am - 1pm



Caroline Chisholm
Centre, Pennant Hills

REGISTER NOW!



Sharing the Gospel

Jesus told his disciples that they should never stop praying. He said that you should never give up. If your cause is worthy and good, keep asking for it. Keep asking God for help for your good things. The noisy wheel gets the most grease. When you keep asking God for help, he will know you are sincere. Can you give 10 good reasons why you are asking God for what you need?

Prayer

Lord, hear my prayer and please answer me.

Mission

I will ask for just the things I need.

©LPi

Promoting a safer *Church*

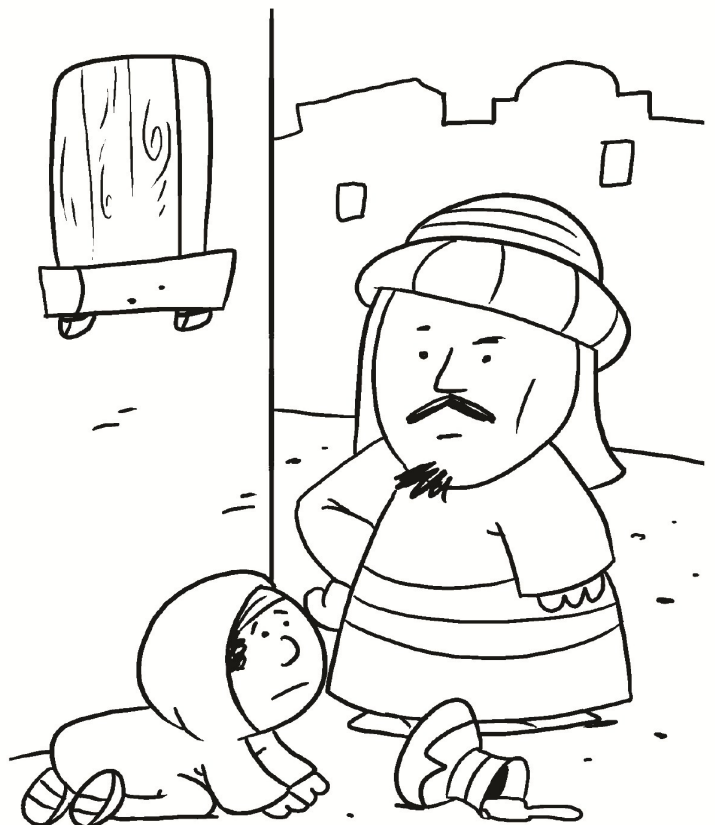
The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the LIFE of the Church.

SAFEGUARDING
is everyone's responsibility



COLOR

Read the Gospel of the week and color the image.





Lord, my God, listen to my prayer, and may Your mercy hear my desire.
Confessions 11, 2
 St Augustine of Hippo

NEXT WEEKEND (26 OCTOBER 2025): 30TH SUNDAY IN ORDINARY TIME, YEAR C

First Reading

Sirach 35:12-14, 16-18
The Lord judges justly with no favourites.

Responsorial Psalm

Ps 32:2-3. 17-19. 23. R. v.7
The Lord hears the cry of the poor.

Second Reading

2 Timothy 4:6-8, 16-18
Paul concludes his writing, is ready for the Day of the Lord.

Gospel Acclamation

2 Corinthians 5:19
 Alleluia, alleluia!
God was in Christ, to reconcile the world to himself; and the Good News of reconciliation he has entrusted to us. Alleluia!

Gospel

Luke 18:9-14
Those who humble themselves will be exalted.

25 OCT, 5.30PM ST KIERAN'S	26 OCT, 7.30AM ST KIERAN'S	26 OCT, 9AM ST CECILIA'S	26 OCT, 9.30AM ST KIERAN'S	26 OCT, 5PM ST KIERAN'S
Senior Server Louise	Senior Server Anna	Senior Server Antoinette	Senior Server Joseph	Senior Server Edelvine
Readers Leonie Ronda Val (R)	Readers Lea Tim Elsie (R)	Readers Sacha/Amy Christine Cathy (R)	Readers Kaye Anne	Readers Leanne Christine Geraldine (R)
Music Parish Choir	Music none	Music The Conmen	Music tba	Music Emmanuel
Communion Min Volunteer needed	Communion Min Volunteer needed	Communion Min Volunteer needed	Communion Min Volunteer needed	Communion Min Volunteer needed
Powerpoint Volunteer needed	Powerpoint Olivier	Powerpoint Volunteer needed	Powerpoint Volunteer needed	Powerpoint Volunteer needed
Welcomers Volunteers needed	Welcomers Volunteers needed	Welcomers Volunteers needed	Welcomers Volunteers needed	Welcomers Volunteers needed

OBSERVANCES FOR THE WEEK OF 19 OCTOBER

Mon 20 Oct: Monday of the 29th Week in Ordinary Time, Year 1
Tue 21 Oct: Tuesday of the 29th Week in Ordinary Time, Year 1
Wed 22 Oct: Wednesday of the 29th Week in Ordinary Time, Year 1
Thu 23 Oct: Thursday of the 29th Week in Ordinary Time, Year 1
Fri 24 Oct: Friday of the 29th Week in Ordinary Time, Year 1
Sat 25 Oct: Saturday of the 29th Week in Ordinary Time, Year 1

The Catholic Community of North Harbour

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay www.bbcatholic.org.au

Parish Office 2 King Street, MANLY VALE 2093 NSW AUSTRALIA
P 02 9949 4455 **E** office@nhcatholic.org.au **W** www.bbcatholic.org.au/northharbour

Office Hours 9.00am to 4pm (Tuesday to Friday)

Churches
Church of St Cecilia Wanganella St and White St, Balgowlah 2093 NSW
Church of St Kieran 2 King St, Manly Vale 2093 NSW

Parish Staff
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Asst Priest: Fr John Zhang **E** jzhang@nhcatholic.org.au
Bookkeeper: Valerie Buono **E** accounts@nhcatholic.org.au (Thu)
Parish Secretary: Jane Filacuridi **E** office@nhcatholic.org.au (Tue, Wed)
Parish Secretary: Anne Ross **E** office@nhcatholic.org.au (Thu, Fri)
Catechists, Family & Sacramental Ministries: Ursula Halloway **M** 0450 101 767 **E** families@nhcatholic.org.au
Media & Communications: Caroline Ng **E** comms@nhcatholic.org.au
Music Ministry: Marianne Kaw-Deveza **E** music@nhcatholic.org.au

Resident Priests
 Fr Minh-Tan Hoang, OSA **E** minhtanhoang@yahoo.com.au (Chaplain, St. Augustine's College, Brookvale)
 Fr Peter Jones, OSA **E** peter.jones@osa.org.au (Prior Provincial)
 Fr Paul Maloney, OSA **E** paulmal@bigpond.com (Retired)
 Fr John McCall, OSA **E** jmcosa@bigpond.net.au (Retired)
 Fr Abel van der Veer, OSA **E** vabelvanderveer@gmail.com (Retired)
 Fr Senan Ward, OSA **E** senanward@bigpond.com (Chaplain, St. Augustine's College, Brookvale)

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for your continued support.
Thank you!



North Harbour
PARISH

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You can now donate for North Harbour Parish Clergy and Parish Funds AND to support Pastoral Works Broken Bay (PWBB) Appeals, using the Parish Giving Broken Bay App. Thank you for your generosity.

To support our Parish and our Diocese, please scan the QR code, download the Parish Giving Broken Bay App, sign in and become a regular donor. Alternatively, visit: brokenbay.goodgiving.com.au/home/brokenbay